

# Directory of Referral Services for Mental Health

2018

For areas including: Marshfield, Stevens Point,  
Waupaca, Wausau, and Wisconsin Rapids

**Compiled by the Central Wisconsin Counselor  
Association (CWCA) Planning Committee**

**Updated by St. Michaels Mental Health Unit**

**ADVOCATE PSYCHOTHERAPY SERVICE** [www.advocatepsychservices.com](http://www.advocatepsychservices.com)

**Stevens Point Location:**

3233A Business Park Drive Suite 304  
Stevens Point, WI 54481

Phone: (715) 544-4435  
Fax: (715) 952-4995

**Mental Health Specialist:** Kathryn Berg, MA [kathy@advocatepsychotherapyservices.com](mailto:kathy@advocatepsychotherapyservices.com)

**Mental Health Specialist:** Katrina Arnold, MSW, APSW

**Wisconsin Rapids Location:**

241-17<sup>th</sup> Avenue  
Wisconsin Rapids, WI 54494

Phone (800) 681-2374

**Mental Health Specialist:** Steve Johnson, MA, LPC, NCC [steve@advocatepsychservices.com](mailto:steve@advocatepsychservices.com)

**Mental Health Specialist:** Aaron King [aaron@advocatepsychotherapyservices.com](mailto:aaron@advocatepsychotherapyservices.com)

**ALLIANCE HEALTH CLINIC** [www.alliancehealthclinic.com](http://www.alliancehealthclinic.com)

2417 Post Road Building A, Stevens Point, WI, 54481

Phone: (715) 690- 1272

**Mental Health Specialist:** Jude Stenovitch, MD  
Areas of Expertise: Adult psychiatry

**Mental Health Specialist:** Diane Maciejewski, LMFT  
Areas of Expertise: Individual and family therapy.

**Mental Health Specialists:** Ernestine Wagner, PA-C  
Kathryn Goel, PHD  
Jessie Jensen, LPC  
Megan Bednarczyk, MS, CRC, LPC  
Day Frye, LMFT  
Victoria Pahl, PA-C  
Frieda Gear, PA-C

## ASSOCIATED EMPLOYEE ASSISTANCE SERVICES

*Offices are in Plover, Wisconsin Rapids, Marshfield, Wausau, Weston and northern counties.  
They do not provide outpatient therapy beyond the scope of EAP.*

### **Stevens Point Location:**

1820 Post Road #5, Plover, WI, 54467

Phone: (715) 344-6379

#### **Mental Health Specialists:**

**Leah Szemborski, LPC  
Karen Genisot, LPC  
Mary Mattes, LPC-T**

### **Wausau Location:**

301 Kent Street, Wausau, WI, 54401

Phone: (800) 540-3758

#### **Mental Health Specialist:**

**Gary Yeast, LMFT  
Barb Yeast**

## BEHREND PSYCHOLOGY CONSULTANTS [www.behrendpsychology.com](http://www.behrendpsychology.com)

### **Wisconsin Rapids Location:**

3930 8<sup>th</sup> Street South, Suite 101, Wisconsin Rapids, WI, 54494

Phone: (715) 423-2030

### **Marshfield Location:**

2001 s. Central Ave Marshfield, WI 54449

#### **Mental Health Specialists:**

**Jenna Saul, MD DFAACAP  
Lynn Martin, MS, LPC  
Mary Kate Friess, NP  
Janielle Prince, LCSW  
Stacey Kubisiak, LPC-IT  
Jo Yenske, LPC, NCC  
Tammy Fischer, APSW  
Patricia Benoit, LMFT  
Genessa Antoniewicz, LPC-IT  
Chelsea Scheirhauer, APSW  
Jessica Noah, LMFT, IT  
Krista Chase, MS ED, MS, LPC-IT  
Jolene Nowak, MS LPC  
Kristine Koplitz, MAC, LPC  
Shelley Strojny, NP**

## BEHAVIORAL HEALTH CLINIC

[www.bhcwausau.com](http://www.bhcwausau.com)

### **Wausau Location:**

3600 Stewart Ave, Suite B,  
Wausau WI 54401

E-Mail: [appointments@bhcwausau.com](mailto:appointments@bhcwausau.com)

Phone: (715)842-9500

Fax: (715) 848-0425

### **Plover Location:**

1820 Post Road Suite 1  
Plover, WI 54467

### **Weston Location:**

2405 Schofield Avenue Suite 220  
Weston, WI 54476

<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Jeff Willems, Ph. D (Weston)</b> CBT. Anxiety Disorders, PTSD, OCD and social anxiety..
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Rachel Pagel, MS, LPC, CSAC, CS-IT (plover)</b> experience working with couples and families. Women with borderline personality disorder and adults with emotional dysregulation.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Cali Schneller, MS, LPC, (plover)</b> Experience working with children, adolescents with emotional and behavioral difficulties.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Rachel Semrow, MSE, LPC, SAS (Weston)</b> Counsels individual of varying ages and degrees of mental health needs. She has extensive experiences in working with adults and adolescents addressing their personal goals in therapy.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Shannon Huff, E.d.S. (plover)</b> Experience in conducting psycho-educational evaluations and providing feedback recommendations to families as well as teachers. Only offers testing services.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Stacy Luther, M.S. (plover)</b> Focus on Elementary Education. Only offers testing services.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Allyson Ende, Psy.D (Wausau)</b> Specializing in children ages 7 and older: depression, Bipolar, anxiety, stress and coping skills.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Ashley Bolling, MS, LPC, SAC (Wausau)</b> experience working individually with children, age 5 through adult in an outpatient setting, treating multiple symptoms and concerns.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Kathleen Alexander, M.S. (Wausau)</b> Only offers testing services.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Kristen Brown, MSW, LCSW (Wausau)</b> Strength based, family centered, and solution focused therapy.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Brian Weiland, Psy.D (owner) (plover and Wausau)</b> Personality Disorders, relationship issues, anger, adjustment issues, low self-esteem, PTSD, Christian Counseling, OCD, Panic Disorder and Psychosomatic Complaints.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Heather Meggers-Wright, Ph.D (owner) (plover and Wausau)</b> Sex and Intimacy, anxiety and fear, weight and self-esteem. Depression and Bipolar Disorder.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Melanie Strand, CSAC (Wausau)</b> Addiction, Impaired Professionals, phobia and anxiety.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Judy Lemke, MS, LPC, LCSW (Wausau)</b> Experience in assisting individuals with co-occurring disorders, relationship issues, mood disorders, anxiety, depression, grief and loss, change of life.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Laurie Doepke, MS, LPC, NCC (Weston)</b> Centered focus. Cognitive behavioral therapy. Life stressors, anxiety, fear and depression.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Shannon Schaefer, PH.D. (Wausau)</b> Depression, Anxiety, Couples and PTSD.
<b>Mental Health Specialist:</b> Areas of Expertise:	<b>Timothy Freundl, MS, LPC (Wausau)</b> OCD, PTSD, Personality Disorders, Psycho Somatic Complaints and Self-Harm.

**Mental Health Specialist:**  
Areas of Expertise:

**Savannah Whitemarsh, Psy D. (Plover)**  
Psychological evaluations. ADHD.

**CENTER FOR HUMAN DEVELOPMENT [www.chdevelopment.org](http://www.chdevelopment.org)**

631 Forest Street, Wausau, WI, 54401

Phone: (800) 236-3792

**Mental Health Specialist:**  
Areas of Expertise:

**Lee Webster, MSW**  
Individuals, marriages, and families.

**Mental Health Specialist:**  
Areas of Expertise:

**Barb Webster, MS**  
EMDR and meditation, individuals, adults, couples, families, teens and young children.

**Mental Health Specialist:**  
Areas of Expertise:

**Erin Morgan, LCSW**  
Depression, anxiety, parenting and communication skills, abuse issues.

**Mental Health Specialist:**  
Areas of Expertise:

**Suzanne Grim, LMFT**  
Women, couples, families, mood disorders, ADD/ADHD, chemical issues, grief, abuse, and eating disorders.

**Mental Health Specialist:**  
Areas of Expertise:

**David Tice, LPC**  
Anger issues, anxiety, depression, conflict management, couples and marital concerns, crisis and intervention, men's issues, suicide and its effects on others.

**Mental Health Specialist:**  
Areas of Expertise:

**Corina Helgstad MA, PC**  
Teenagers with self-esteem issues, cutting, suicide, depression, anxiety.

**Mental Health Specialist:**  
Areas of Expertise:

**Tonia Backman BA, MSW, APSW**  
Depression, anxiety, post-abortion, grief/loss

**CENTRAL WISCONSIN COUNSELING ASSOCIATES**  
**[www.cwcounselingassoc.com](http://www.cwcounselingassoc.com)**

**Stevens Point Location (Satellite Office):**

2925 Post Road Suite 5, Stevens Point, WI 54481

**Wisconsin Rapids Location (Main Office):**

320 West Grand Avenue, Suite 304A, Wisconsin Rapids, WI, 54494 Phone: (715) 424-6960

**Mental Health Specialist:**  
Areas of Expertise:

**Roger Pagel, MSE, LCSW**  
Wide variety of mental health issues.

**Mental Health Specialist:**  
Areas of Expertise:

**Ann Soe, MSSW, LCSW**  
Depression, couples, family systems, women's issues, ADHD, abuse issues, spirituality, health and wellness.

**Mental Health Specialist:**  
Areas of Expertise:

**Jean Banks, Ph.D**  
Children's disorders and couples, depression, anxiety, anger management, sexual abuse recovery for men and women, couples.

**Mental Health Specialist:**

**Molly McLaughlin, MSW, LMFT**

Areas of Expertise: Couples, families and children of all ages, divorce and separation, crisis intervention, mood disorders, anxiety disorders, ADHD, grief and loss, abuse, personal growth/healing.

**Mental Health Specialist:**

Areas of Expertise:

**Jennifer Stoiber, BS**

Extensive experience as a mediator, administers psychological testing for the clinic.

**Mental Health Specialist:**

Areas of Expertise:

**Amy Gunderson, BS**

Business Manager for Central Wisconsin Counseling Associates.

**Mental Health Specialist:**

Areas of Expertise:

**Erin Johnson, M.A.**

Families and children, anxiety, compulsive disorders, stress management, crisis intervention, social skills development

**Marshfield Location:**

101 W. McMillan Street, Suite 2B,  
Marshfield, WI 54449

Phone: (715) 389-9382  
Fax: (715) 848-8665

**Mental Health Specialists:**

**Georgia Wiese, MS, LPC**  
**Carisa weber, MA, LPC, CSAC**  
**Patrick Rohr, MA, LPC**  
**Tricia A Cotrone, MA, LPC, NCC**  
**Russ Schultz, MSW, LCSW**

**Wausau Location:**

2620 W. Stewart Avenue, Suite 310  
Wausau, WI 54401

Phone: (715) 848-0525  
Fax: (715)848-8665

**Mental Health Specialists:**

**Krystal Holz, MA, LPC**  
**Carisa Weber, MA, LPC, CSAC**  
**Marsha Breeser, MS, LPC**  
**David Sliefert, MA, LPC**  
**Julie Nelson, MS, L**  
**Patrick Rohr, MA, LPC**  
**Rick Jass, MA, LPC**  
**Tricia A Cotrone, MA, LPC, NCC**  
**Georgia Wiese, MS, LPC**  
**David Pelo, PhD**  
**Russ Schultz, LCSW, SAS, MSW**

**CHILD AND ADOLESCENT PSYCHIATRY CONSULTING (CAPC)**

**Marshfield Location:**

M407 State Highway 97  
Marshfield, WI 54449

E-Mail: [office@drjenna.net](mailto:office@drjenna.net)  
Phone: 715-384-2818  
Fax: (715) 384-2724

**Horses Treat, LLC**

M407 State Highway 97  
Marshfield, WI 54449

Email: [courage.horsetreat@drjenna.com](mailto:courage.horsetreat@drjenna.com)  
Phone: (715) 318-0047  
[www.horsetreat.com](http://www.horsetreat.com)

**Mental Health Specialists:**

**Jenna Saul, MD DFAACAP**  
**Tammy Fischer, APSW**  
**Jessica Noah, LMFT-IT**  
**Kris Koplitz, LPC-IT**  
**Chelsea Scheithauer, APSW**  
**Genessa Antoniewicz, LPC-IT**  
**Shelly Strojny, NP**

**Teacher:**

**Connor Tiggerus, LPC-IT, SAC-IT**

**Equine Specialist:**

**Troy Kuntz**

**Wisconsin Rapids Location: See Behrend Psychology Consultants**

3930 8<sup>th</sup> Street South, Suite 101 Wisconsin Rapids, WI 54494

Phone: (715)423-2030

Areas of Expertise: Child and Adolescent Psychiatry, Forensic Psychiatry, Telepsychiatry, Integrative and Holistic Psychiatry, Sports Psychiatry, Equine Assisted Psychotherapy, Positive Psychology

**CHILDREN'S HOSPITAL OF WISCONSIN COMMUNITY SERVICES  
CHILD AND FAMILY COUNSELING- [www.chw.org](http://www.chw.org)**

**Marshfield Location:**

601 S Central Avenue, Suite 200, Marshfield, WI 54449

Phone: (715) 387-2729

Fees: Sliding scale, Insurance, MA (United Way Agency)

Fax: 888- 485-4412

**Mental Health Specialist:**

Areas of Expertise:

**Jeff Ongna, MS, LPC**

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse, anxiety, depression, victimization, adjustments to a variety of life circumstances and healthy relationships such as anger management alternatives to domestic abuse. He helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or are disruptive in the community.

**Mental Health Specialist:**

**Lisa Miller, MS, LPC**

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse and witness to domestic violence, anxiety, depression, victimization and adjustments to a variety of life circumstances. She has diverse experience in working with individuals, couples, families and groups.

**Stevens Point Location:**

1466 Water Street Suite 2

Stevens Point, WI 54481

Phone: (715)341-6672

Fax: (715)341-8004

**Mental Health Specialist:**

Areas of Expertise:

**Monica Hellweg, MAC, LPC, NCC**

Works with children ages 3-18 in areas of social, academic, behavioral, emotional, and attention issues. Uses strength-based and positive psychology techniques.

**Mental Health Specialist:**

Areas of Expertise:

**Stacey Salyers MSW, LCSW**

Works with children, adolescents, and adults. Has a background of working with children in the welfare system, juvenile sex offenders, and LGBT. She also has experience with depression, anxiety, and PTSD. Helps patients in developing healthy relationships and coping skills to allow for emotional balance.

**Mental Health Specialist:**

Areas of Expertise:

**Nicholas Schneider, MSE, LPC**

Specializes in family therapy.

**Wisconsin Rapids Location:**

320 West Grand Avenue, Suite 205 Wisconsin Rapids, WI 54495

Phone: (715)421-2730

**Wausau Location:**

705 S 24<sup>th</sup> Ave, Suite 400, Wausau, WI 54401

Phone: (715)848-1457

Fees: Sliding scale, Insurance, MA (United Way Agency)



**Mental Health Specialist:**

Areas of Expertise:

**Susan O'Day, MS, LPC**

Specializes in treating anxiety, reactions to trauma, depression, victimization, anger, domestic abuse and adjustments to a variety of life circumstances. She helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or the community.

**Mental Health Specialist:**

Areas of Expertise:

**Lisa Harrenstein, LPC**

Helps children, adolescents and adults and families heal their wounds and transform their lives for the better. She has experience working with survivors of abuse and trauma.

**COMPASS COUNSELING LLC**

[www.compasscounsels.com](http://www.compasscounsels.com)

**Wausau Location:**

530 Grant Street,  
Wausau, WI, 54403

Phone: (715)845-5493

Fax: (715)848-5654

**Mental Health Specialist:**

Areas of Expertise:

**Lynne Buechler, MS, LPC, LCSW, ICS, CSAC**

AODA Assessments and Treatment OWI Follow-up, Depression, Anxiety, Gambling.

**Mental Health Specialist:**

Areas of Expertise:

**Amanda Neta, LCSW**

Child and Adolescent Behavioral Challenges, Depression and Mood Disorders, Adjustment and Anxiety, Trauma and Abuse and Self-Esttem.

**Mental Health Specialist:**

Areas of Expertise:

**Andy Cameron, PhD, LPC**

Behavioral Addictions (Gambling, Shopping, Internet Use), Depression and Mood Disorders, Anxiety and Phobias, Post-traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD) and OCD Spectrum Behaviors, Codependency, LGBT Issues, Alcohol and Drug Abuse Assessments and Treatment, Couples

**Mental Health Specialist:**

Areas of Expertise:

**Amber Myska, LCSW**

Child and Adult Mental Health, Child Abuse and Neglect, Intrafamilial Sexual Abuse, Poverty, Domestic Violence, Juvenile Corrections, Children Long Term Disabilities, and Rehabilitative Services. She works with children, adolescents, adult, and families.

**Mental Health Specialist:**

Areas of Expertise:

**Whitney Crochiere , MA**

Whitney holds a Master's degree in Mental Health Community Counseling and a Bachelor's degree in Psychology. She works primarily with adolescents, adults, couples, and families. She has had experience working at a community clinic, corrections-based setting, and substance abuse clinic.

**Mental Health Specialist:**

Areas of Expertise:

**Mark Becker, LCSW**

Trauma/PTSD, Relationship Issues, Anxiety, Depression, Alcohol and Drug Abuse Issues, Behavioral Addictions, Anger, Self-Empowerment

**Mental Health Specialist:**

Areas of Expertise:

**Liz Unrath, LPC, PhD**

Anxiety, Depression, PTSD, OCD, anger management, Greif Loss Reaction.

**Wisconsin Rapids Location:**

2503 8<sup>TH</sup> Street,  
Wisconsin Rapids, WI. 54494

Phone: 715-712-1523

**Mental Health Specialist:**

Areas of Expertise:

**Julie Edmondson**

Areas of specialization: dual disorders, anxiety, depression, AODA assessments and treatment as well as court ordered evaluations, driver safety plans, co dependency, chronic pain, grief and loss issues and trauma.

**Mental Health Specialist:**

Areas of Expertise:

**Robin Swanson, MA, LPC-IT**

Anxiety, Depression, Life Transitions, Parenting and Peer Relationships.

**Mental Health Specialist:**

Areas of Expertise:

**Elizabeth Kuhn, MSW, LCSW, BST**

Anxiety, Depression, ADHD, Anger Management, Trauma, PTSD, Divorce, Blended families, Abuse/Neglect, Christian Counseling, Hoarding, Relationship Difficulties, Behavioral Issues in Children and Adolescents

**Mental Health Specialist:**

**Lori A. Kroening, APSW, CSAC**

Dual Diagnosis Disorders, Court Ordered Treatment, Substance Abuse Recovery & Maintenance, Anxiety & Depression, Obsessions & Compulsions, Adjustment Disorders, Co-Dependence, Stages of Change Approach, Individual, Group, and Family Therapy

**Mental Health Specialist:**

**Samantha Casey LSW, LPC- IT**

Individual and Group counseling for children and teens.

**Mental Health Specialist:**

**Rick Vela, MSW/LCSW**

Emotional regulation (anger, anxiety), depression, self-esteem building, sexual abuse, Domestic Violence/Intimate Partner Violence prevention, PTSD, grief and loss, guilt/shame and shame-based problems, assertiveness building, marital issues and relationship building skills.

**CLINICAL AND FORENSIC SERVICES**

**[www.clinicalserviceswi.com](http://www.clinicalserviceswi.com)**

PO Box 1535  
420 1<sup>st</sup> Avenue South  
Wisconsin Rapids, WI. 54495

Email: [clinicalservices@solarus.net](mailto:clinicalservices@solarus.net)  
Phone: (715) 424-3400  
Fax: (715) 424-3441

**Mental Health Specialist:**

Areas of Expertise:

**Michael Jan Nelson, PhD, FACP**

Forensic psychologist. Performs evaluations for attorneys and the court in criminal and civil matters. Other interests include treatment of depression and marital conflict, assessment of ADD/ADHD, personality learning, cognition and other psychological concerns.

**Mental Health Specialist:**

Areas of Expertise:

**Michael Surendonk, MSSW, ICSW**

Couples, families, and individuals. Stress and anger management, alcohol abuse within the family, emotional and behavioral problems of children, parent/child conflict.

**Mental Health Specialist:**

Areas of Expertise:

**Dan Horgan, MSW, ICSW**

Children and adolescents with behavioral and emotional problems, adults and children diagnosed with ADD. Military veterans with issues of family conflict, trauma, and posttraumatic stress.

## DIX AND GILLETTE COUNSELING SERVICES

1720 Merrill Avenue, Wausau, WI 54401

Phone: (715) 675-3888

**Mental Health Specialist:** Michael P. Dix, MSMFT, CSAC  
**Mental Health Specialist:** Patti Gillette, MA

## ENSO COUNSELING, LLC

N2919 County Hwy QQ, Waupaca, WI 54981

Phone: (715) 256-7641

**Mental Health Specialist:** Elissa Stults, LMFT  
Areas of Expertise: Adults, couples, families, children and teens. Accepts Blue Cross, blue Shield, Humana, and Medicaid. Sees United Behavioral Health patients as well.

## EVANS COUNSELING

2714 Stewart Avenue, Wausau, WI 54401

Phone: (715) 849-3988

**Mental Health Specialist:** Dr. Kelly Evans

## ELMARGREEN ASSOCIATES, INC.

[www.elmergreen.com](http://www.elmergreen.com)

114 Grand Avenue, Wausau, WI 54403

Phone: (715) 845-7175

**Mental Health Specialist:** Dennis Elmergreen, PsyD  
Kandace Elmergreen, LCSW  
Doug Cybela, PhD  
Kathleen George-Bol, LPC, MS  
Sue Ellyn Wisnewski, MSSW, APSW  
Tim Koller, LPC, MS, NCC, CFC  
Robert Fox, MS, CADC  
Courtney Derus, MA  
Julie M. Gruenwald, M.S., LPC  
Jeffrey Rothweiler, PhD  
David Derus, MA  
Donna Jasinski, LPC

## HERGERT AND GAZIANO FAMILY COUNSELING

### Marshfield Location:

252 South Central Ave Suite 21, Marshfield, WI 54449

Phone: (715) 384-7579

**Mental Health Specialist:** Dan Frye, LMFT  
Areas of Expertise: Depression, anxiety, relational issues, parenting.

**Mental Health Specialist:** Jerry Olson, CSAC [birdog52@charter.net](mailto:birdog52@charter.net)  
Areas of Expertise: Alcohol and drug abuse counseling.

**Mental Health Specialist:** Lisa Hergert, LPC

## MARATHON RESIDENTIAL & COUNSELING SERVICES

1611 North Seventh Street, Wausau, WI 54403

Phone: (715) 848-0011

**Mental Health Specialist: Justin Stangl**

## MARRIAGE AND FAMILY HEALTH SERVICES LTD

[www.marriageandfamilyhealthservices.com](http://www.marriageandfamilyhealthservices.com)

501 S. Cherry Avenue  
Marshfield, WI 54449

Phone: (715) 486-8032

Fax: (715) 486-9253

**Mental Health Specialist:**

Areas of Expertise:

**Tiffany Kula, MS**

Individual, couples, and family therapy for children, adolescents, and their families specializing in behavior management, trauma, and abuse.

**Mental Health Specialist:**

Areas of Expertise:

**Chris Giese, MS, LPC**

Individual, couples, and families of all groups. Specializes in attachment issues working with women in transition and victims of abuse.

**Mental Health Specialist:**

Areas of Expertise:

**Tammy Stargardt, PhD, LPC**

Individual, couples, and family therapy for children, adolescents/teens and adults. She specializes in depression, anxiety, trauma, attachment issues, and childhood disorders. Tammy is experienced with children and adolescents with behavioral issues or those who have experienced trauma and/or abuse.

**Mikan Program:**

**(12-18 year-olds)**

**Program Coordinators: Victor Michalek, BA; Tammy Stargardt, MS, PhD Intern**

The Mikan Therapeutic Day Treatment is a state certified intensive program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group, and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Mikan provides client specific services addressing affect regulation, conscience development, relationship skills, solution finding, family dynamics, trauma/neglect survival skills, trauma reprocessing decision-making, social skills development, and alcohol and drug needs.

**Migisi Program:**

**(5-11 year olds)**

**Program Coordinator: Elise Reding, MSW**

The Migisi Therapeutic Day Treatment is a state certified program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Migisi provides client specific services addressing emotional regulation, social skills, problem solving, family dynamics, healing from trauma/neglect, relationship depth skills and accountability.

## **MARSHFIELD CLINIC**

Marshfield, WI, 54449

Phone: (715) 387-5744

**Mental Health Specialist:**

**Anthony Louis, LCSW**  
**Celeste Jackson, NP**  
**Daniel Buss, LCSW**  
**Mike Fields, NP**  
**Rebecca Morris, LCSW**  
**Susan Shane, LCSW, ACSW, BCD**

## **MINISTRY BEHAVIORAL HEALTH**

### **Stevens Point Location:**

209 Prentice Street N, Stevens Point, WI, 54481

Phone: (715) 344-4611

**Mental Health Specialist:**

Areas of Expertise:

**Julie Hintzman, MSW, APSW, SAC, NCGC II**

Works with people with mental health issues, along with chemical and gambling addiction. She specializes in the area of domestic violence, working with survivors and offenders. She also offers Christian counseling.

**Mental Health Specialist:**

Areas of Expertise:

**Dr. Ron Matthews, Ph.D**

Can help people with mental health and substance abuse issues. provides marriage and family counseling. Has specialized training in assessing and treating people who have survived trauma. He has extensive training in conducting forensic evaluations for the justice system.

**Mental Health Specialist:**

Areas of Expertise:

**Sarah Foss, MS, LPC, CSAC**

Helps patients struggling with alcohol and drug abuse, depression, and anxiety issues. She works with individual, couples and families to address relational concerns.

**Mental Health Specialist:**

**Tracy Springer, MS, LPC-IT, CSAC**

She has a special interest in treating mental health and Substance abuse disorders.

### **Waupaca Location:**

190 Grand Seasons Drive, Waupaca, WI 54981

Phone: (715) 258-8459

**Mental Health Specialist:**

Area of Expertise:

**Teresa Taylor, MSE, LPC, CSAC, ICS**

Specializes in helping people improve their communication skills by using direct honesty. She can help people develop effective coping skills.

# MINISTRY MEDICAL GROUP (MMG) PSYCHIATRY

3398 E. Maria Drive, Stevens Point, WI, 54481

Phone: (715) 341-7441

**Mental Health Specialist:**

Areas of Expertise:

**Ed Buda, Ph.D**

Outpatient, individual, group, and family psychotherapy, behavior modification, children, adolescents and their families, psychological/intellectual/neurodevelopmental assessments, testing of patients ages 5+, neuro-feedback for ADHD and anxiety disorders

**Mental Health Specialist:**

Areas of Expertise:

**Jay Cleve, Ph.D**

Adults, marital and couple, individual and group therapy, depression, personal and job stress, anxiety, grief and loss, codependency, and adult/children from dysfunctional and alcoholic families.

**Mental Health Specialist:**

Areas of Expertise:

**Pam Beyer, PsyD**

Children and adolescent issues, individual, group and family psychotherapy, psychological and intellectual assessments, testing of patients ages 5+.

**Mental Health Specialist:**

Areas of Expertise:

**Deb Spranger, MS**

Solution-focused approach, mood/behavioral disorders, attention deficits, abuse issues, grief/loss, relationship issues, children of all age, adolescents.

**Mental Health Specialist:**

Areas of Expertise:

**Terry Kaddatz, PsyD**

Adolescents, adults, and families, individual, couple, family and group therapy, intellectual and psychological assessments, testing for patients from adolescents through adulthood, bariatric patients.

**Mental Health Specialist:**

Areas of Expertise:

**Victoria Weller, MS**

Children and adolescents, parent training and stress reduction groups, interpersonal relationship difficulties, depression, sexual abuse issues, trauma and anxiety disorders, emphasis on cognitive-behavioral interventions.

**Mental Health Specialist:**

Areas of Expertise:

**Jacqueline Bienek, Ph.D**

Adults with emphasis on cognitive-behavioral and insight oriented modalities, psychotic disorders, mood disorders, substance abuse disorders, personality disorders.

**Mental Health Specialist:**

Areas of Expertise:

**Cheryl Homes, DCSW**

Individuals, couples, families and groups, phobias, anxieties, eating disorders, incest survivors, sexual dysfunction, stress management, depression, dysfunctional families, groups parenting skills, phobias, self-image for women, incest and sexual abuse, eating disorders and communication skills for couples, eclectic approach, variety of techniques, process therapy and education.

**Mental Health Specialist:**

Areas of Expertise:

**Lisa Huber, PsyD**

Psychological testing, individual psychotherapy for adolescents and adults, couples and family psychotherapy, mood and anxiety disorders, OCD, panic disorders, emphasis on cognitive-behavioral therapy, sexual trauma/abuse, interpersonal difficulties and transitional issues of both adolescence and adulthood.

**Mental Health Specialist:**

Areas of Expertise:

**Julie Schneider, MS, LPC**

Specializes in therapy with children and adolescents. She provides therapy for behavioral problems, anxiety, depression, oppositional defiant disorder, interpersonal relationship struggles and transitional concerns.

**Mental Health Specialist:**

Areas of Expertise:

**Jeffrey Willems, Ph. D**

Provides individual psychotherapy to adults presenting with a variety of mental health concerns. He specializes in the treating anxiety disorders, with an emphasis in cognitive-behavioral therapy. He has experience in empirically-based interventions for the treatment of PTSD.

**NEW DIRECTIONS COUNSELING CENTER**

[www.newdirectionscc.com](http://www.newdirectionscc.com)

**Email: [staff@newdirectionscc.com](mailto:staff@newdirectionscc.com)**

5541 Highway 10 East Suite B,  
Stevens Point, WI 54482

Phone: (715) 345-9690  
Fax: (715) 345- 2938

**Mental Health Specialist:**

Areas of Expertise:

**Diane Dickinson, MA, LCSW, LPC**

In addition to traditional psychotherapy techniques, Diane offers progressive techniques such as EMDR (for trauma recovery), bioresonance (an advanced form of biofeedback) past life regression therapy, and several other energy techniques that incorporate healing for the body and spirit as well as the mind and emotions.

**Mental Health Specialist:**

Areas of Expertise:

**Tim Koller, LPC, MS, NCC, CFC**

Parenting, blended families, ADHD, anger/temper management, school problems, depression and anxiety and marital problems are just a few of the many areas of his practice. Professionals who may be suffering from stress problems are welcomed. Tim has an extensive background working with adolescent and adult sex offenders and as a Certified Forensic Counselor he is well versed in these evaluations and assessments.

**Mental Health Specialist:**

Areas of Expertise:

**Peggy Greco, MS, MSE, LPC, NCC, Certified Dementia Specialist**

Children, adolescents, adults, couples, elderly and caregivers. Memory testing, cognitive/behavioral therapy, and brief solution focused therapy. Adjustment and mood disorders, social and school performance difficulties, self-esteem, and caregiver guidance/support.

**Mental Health Specialist:**

Areas of Expertise:

**Kiersten Carley, MA, LPC**

School aged children and teens, foster families

**Mental Health Specialist:**

Areas of Expertise:

**Kelsey Link, MA, LMFT**

Couples, families

**Waupaca Location:**

N2919 County Road QQ  
Waupaca, WI 54981

Phone: (715)345-9690  
Fax: (715)345-2938

**NORTH CENTRAL HEALTH CARE**

[www.norcen.org](http://www.norcen.org)

1100 Lake View Drive, Wausau, WI, 54403

Phone: (715) 848-4600

Areas of Expertise:

Family counseling, child & adolescent mental health services, crisis counseling, AODA services.

**Stevens Point Location:**

525 4<sup>th</sup> Avenue,  
Stevens Point, WI 54481

Email: [nwjstevenspoint@nwcgc.com](mailto:nwjstevenspoint@nwcgc.com)  
Phone: (715) 342-8065  
Fax: (715)342-8073

**Mental Health Specialist:**

**Laura Kowalski**, Program Coordinator

**Mental Health Specialist:**

**Danielle Behrens**, Clinical Mental Health Coordinator

Areas of Expertise:

Day treatment for school age children.

**Wausau Location:**

5655 N. 28<sup>th</sup> Avenue  
Wausau, WI 54401

Email: [NWJWausau@nwcgc.com](mailto:NWJWausau@nwcgc.com)  
Phone: (715)675-5454  
Fax: (715)675-0545

**Program Coordinator:**

**Amy Marthaler**

**Mental Health Specialists:**

**Mindy Schuette & Jovid Schuette**

Areas of Expertise:

At risk youth

**Wisconsin Rapids Location:**

110 24<sup>th</sup> S. Street,  
Wisconsin Rapids, WI 54495

Email: [NWJWiRapids@nwcgc.com](mailto:NWJWiRapids@nwcgc.com)  
Phone: (715) 424-5040  
Fax: (715) 424-5720

**Program Coordinator:**

**Laura Dockett**

**Mental Health Specialists:**

**Katie Wilson**

Areas of Expertise:

At-Risk Youth

**OSWALD COUNSELING ASSOCIATES**

[www.oswaldcounselingassociates.com](http://www.oswaldcounselingassociates.com)

2450 Vineyard Drive, Plover, WI, 54467

Phone: (715) 342-0290

**Mental Health Specialist:**

**Lynne Oswald, MS, LCSW, LPC, CSAC**

Areas of Expertise:

Works with all ages over 5 years old, clinical substance abuse, recovery and anxiety, play therapy, depression, anxiety and relationship therapy.

**Mental Health Specialist:**

**Christina Schreiner, MA, LPC, CSAC**

Areas of Expertise:

Full spectrum of mental health and substance abuse, children 13 years & older, depression, anxiety & relationship therapy for couples & families.

**Mental Health Specialist:**

**Daniel, Derezinski, MS, LPC, CSAC**

Areas of Expertise:

Works with full spectrum of mental health disorders and all forms of substance abuse, has extensive experience also working with individuals with developmental disabilities, department of correction referrals, OWI referrals, and individuals from various racial, ethnic, and religious backgrounds.

**Mental Health Specialist:**

**Deborah Furgason, MA, LPC**

Areas of Expertise:

Full spectrum mental health and substance abuse, developmental department of corrections referrals, and individuals from various racial, ethnic and religious backgrounds.

**Mental Health Specialist:**

**Linda Kedrowski, MS, NCC**

Areas of Expertise:

Works with all ages. Life balance.



## PEACEFUL SOLUTIONS COUNSELING

[www.peacefulsolutions.org](http://www.peacefulsolutions.org)

741 North 1<sup>st</sup> Street, Wausau, WI 54403

Phone: (715)-842-3346

**Mental Health Specialist:**

Areas of Expertise:

**Jacklynn Brock, M.S., L.M.F.T.**

Marriage and family therapist.

**Mental Health Specialist:**

Areas of Expertise:

**Lizzie Kriewald, MS, LPC, SAC**

Alcohol/drug abuse, families struggling with addiction related issues, women's emotional health.

**Mental Health Specialist:**

Areas of Expertise:

**Erinn Nelson, MS, LPC**

anxiety, depression, relationship issues, parenting concerns, abuse and other trauma.

**Mental Health Specialist:**

Areas of Expertise:

**Curtis Mallow, SAC**

People transitioning out of corrections.

**Mental Health Specialist:**

Area of Expertise:

**Jolene Nowak, MS, LPC**

Individual, Couples and family therapy to address issues including: childhood sexual abuse, anxiety, depression, ADHD, physical abuse, PTSD, child behavioral problems, parenting issues, grief, divorce and other mental health concerns.

**Mental Health Specialist:**

Area of Expertise:

**Deb Piskoty MA, L.M.F.T, C.S.A.C, I.C.S**

13 years experience treating substance abuse issues and trauma. Also has experience working with adolescents.

**Mental Health Specialist:**

Area of Expertise:

**Marjorie Debevec-Marksteiner, MS, LPC**

Eating disorders, age 9 and older, ADHD, grief loss and trauma.

**Mental Health Specialist:**

**Steven Korzinek**

**Mental Health Specialist:**

Areas of Expertise:

**Shannon Cole—Cameron, MSW, LCSW**

Specialty in substance abuse.

**Mental Health Specialist:**

Areas of Expertise:

**Jon Mayer, M.S, L.P.C**

Works with all ages focuses on solution therapies.

**Mental Health Specialist:**

Areas of Expertise:

**Melanie Strand, MS, CSAC**

Adjustment disorder, PTSD, Depression, Anxiety

## PROFESSIONAL SERVICES GROUP: (must be referred to by Social Services)

817 Whiting Avenue, Stevens Point, WI 54481

Areas of Expertise:

At-risk youth.

Phone: (715) 345-5350

**PORTAGE COUNTY HEALTH AND HUMAN SERVICES**  
**PSYCHOLOGICAL SERVICES [przybelr@co.portage.wi.us](mailto:przybelr@co.portage.wi.us)**

**RUTH GILFREY CENTER**

817 Whiting Avenue, Stevens Point, WI, 54481

Phone: (715) 345-5350

**Mental Health Specialist:**

Areas of Expertise:

**Maureen Leahy, MD**

Adult psychiatry

**Mental Health Specialist:**

**Dr. Opaneye**

**Aimee Lehouillier, MSW, LCSW**

**Lisa Ruplinger, MSW, APSW**

**Rain Tree Wellness Counseling**

N3983 Nichols Creek Rd. Waupaca, WI 54981

Phone: (715) 256-9030

Raintree Wellness Counseling offers individualized outpatient substance abuse/addiction treatment to families and business professionals. We focus on the emotional, physical and spiritual needs of each individual incorporating individualized relapse prevention planning. The combination of these tools delivers a powerful preventive mechanism for the perils of recidivism and relapse

**RIVERWOOD COUNSELING ASSOCIATES**

[www.riverwoodcounseling.org](http://www.riverwoodcounseling.org) Email: [riverwood\\_counseling@hotmail.com](mailto:riverwood_counseling@hotmail.com)

1052 Main Street Suite 202, Stevens Point, WI, 544841

Phone: (715) 343-5256

**Mental Health Specialist:**

Areas of Expertise:

**Robert Miller, MA, LPC, SAC, Director**

unresolved trauma and substance abuse with at-risk adolescents, adults, couples and families

**Mental Health Specialist:**

Areas of Expertise:

**Jeana Magyar-Moe, Ph.D**

Works primarily with adults who desire assistance with depression, anxiety, grieving and stress-management.

**Mental Health Specialist:**

Areas of Expertise:

**Harry Deets, MSW, LCSW**

Marriage and family therapy, grief depression, men's issues, parent-teen conflict, blended family, and faith issues. Depression, anxiety, grieving, stress-management, relationship issues, adjustment to life changes or transitions, self-esteem issues, career counseling, sport psychology, psychological testing and assessment, and behavior modification.

**Mental Health Specialist:**

Areas of Expertise:

**Cathryn Laszinski, LCSW, MSSW, CSAC**

Couple and relationship issues, depression, anxiety, life transition, grief, anger management, conflict resolution, substance abuse, and many other mental health issues.

**Mental Health Specialist:**

Areas of Expertise:

**Dennis Elsenrath, Psychologist**

Anxiety, Panic Disorders, behavioral modification, couples and family Therapy, depressive disorders, grief/loss and stress management.

## **STEPPING STONES COUNSELING CENTER, LLC**

[www.SteppingStonesCounselingCenter.org](http://www.SteppingStonesCounselingCenter.org)

219 Ross Avenue Suite 101,  
Schofield, WI 54476

Phone: (715) 355-4999

Fax: (715) 355-5999

Email: [DianeLLondon@aol.com](mailto:DianeLLondon@aol.com)

### **Mental Health Specialist:**

Areas of Expertise:

### **Diane L. London, MSMFT, LPC**

Works with children, adolescents and adults, including individuals, couples and families, enjoys working with a variety of issues including blended family issues, divorce adjustment, co-parenting issues, specialized training in EMDR (Eye Movement Desensitization and Reprocessing), MFLC 9Military Family Life Consultant), sex therapy, AODA issues.

## **ST. MICHAEL'S HOSPITAL IN-PATIENT TREATMENT**

900 Illinois Avenue,  
Stevens Point, WI 54481

Phone: (715) 346-5645

Email: [Laurie.Roberts@ministryhealth.org](mailto:Laurie.Roberts@ministryhealth.org)

**Mental Health Specialist:**

**Laurie Roberts, Mental Health Director**

## **ST. VINCENT DE PAUL: OUTREACH CENTER**

149 N. Central, Marshfield, WI 54449

Phone: (715) 387-0395

**Mental Health Specialist:**

**Richard W. Pike, MSW (Tuesdays only)**

## **THEDACARE BEHAVIORAL HEALTH**

902 Riverside Drive, Waupaca, WI, 54981

Phone: (715)256-1475

**Psychiatrist:**

**Dr. Yong Li**

**Mental Health Specialists:**

**Melissa Habech**

**Inez Trantow**

**Michelle Hastings**

**THE CENTER FOR WELL BEING INC. [www.centreforwellbeing.net](http://www.centreforwellbeing.net)**

901 N 6<sup>th</sup> Street Wausau, WI 54403  
607 Cedar Street Merrill, WI 54452  
1415 Eagle Street Rhineland, WI 54501

Phone: (715) 848-5022

**Mental Health Specialists:**

**Noreen Salzman, MSW, LCSW**  
**Juelette Higuera, MSW, LCSW**  
**Amy Abel, MSW, APSW**  
**Evelyn Lee, MS, LPC, SAC**  
**Rachael Splinter, MA, LPC**  
**William Schmelzer, PhD**  
**Kevin Stamper, MS, LPC**  
**Nanette Matthews, PhD**  
**Julie Behnke, BS, CSAC**  
**Steve Kuhn, MS, LPC**  
**Amy Ostrem, MS, LPC**  
**Michelle Gleason, MSW, LCSW**  
**Greg Kresse, MSW, LCSW, SAC**  
**Teresa Kuczmariski, MS, LPC**

**WISE MIND MENTAL HEALTH CLINIC LLC**

601 E. 3<sup>rd</sup> Street, Marshfield, WI, 54449

Phone: 715-384-0080

**Mental Health Specialist**

Areas of Expertise:

**Patricia K. Faber, MSW, LCSW**

Anxiety, Depression, Trauma, Grief, Adjustment, Relationship Issues, Marriage Counseling/Couples Therapy Mood and Anxiety Problems – Pregnancy and Postpartum , Mood and Anxiety disorders, Emotion Dysregulation.

**Mental Health Specialist:**

Areas of Expertise:

**Tracy L. Olson, MSW, LCSW**

Knowledge of dialectical behavioral therapy. Has expertise with children ages five and up, teens, adults, couples, families, and groups

**KATHERINE HAMILTON WRIGHT, PhD**

3600 Stewart Avenue, Suite B, Wausau, WI 54401

**[www.kwrightphd.com](http://www.kwrightphd.com)**

Phone: (715) 845-6949

**CONNIE O'HERON, PhD**

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

Phone: (715) 843-0803

**Mental Health Specialist:**

**Connie O'Heron, PhD, Clinical and Consulting Psychologist**

**SHANNON SCHAEFER, PhD**

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

**[www.drshannon.net](http://www.drshannon.net)**

Phone: (715) 842-9500